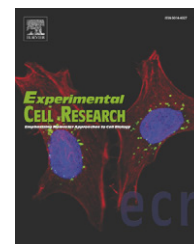


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1 Review

2 Selenoproteins—What unique properties can arise with 3 selenocysteine in place of cysteine?

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The defining entity of a selenoprotein is the inclusion of at least one selenocysteine (Sec) residue in its sequence. Sec, the 21st naturally occurring genetically encoded amino acid, differs from its significantly more common structural analog cysteine (Cys) by the identity of a single atom: Sec contains selenium instead of the sulfur found in Cys. Selenium clearly has unique chemical properties that differ from sulfur, but more striking are perhaps the similarities between the two elements. Selenium was discovered by Jöns Jacob Berzelius, a renowned Swedish scientist instrumental in establishing the institution that would become Karolinska Institutet. Written at the occasion of the bicentennial anniversary of Karolinska Institutet, this mini review focuses on the unique selenium-derived properties that may potentially arise in a protein upon the inclusion of Sec in place of Cys. With 25 human genes encoding selenoproteins and in total several thousand selenoproteins yet described in nature, it seems likely that the presence of that single selenium atom of Sec should convey some specific feature, thereby explaining the existence of selenoproteins in spite of demanding and energetically costly Sec-specific synthesis machineries. Nonetheless, most, if not all, of the currently known selenoproteins are also found as Cys-containing non-selenoprotein orthologues in other organisms, wherefore any potentially unique properties of selenoproteins are yet a matter of debate. The pK_a of free Sec (approximately 5.2) being significantly lower than that of free Cys (approximately 8.5) has often been proposed as one of the unique features of Sec. However, as discussed herein, this pK_a difference between Sec and Cys can hardly provide an evolutionary pressure for maintenance of selenoproteins. Moreover, the typically 10- to 100-fold lower enzymatic efficiencies of Sec-to-Cys mutants of selenoprotein oxidoreductases, are also weak arguments for the overall existence of selenoproteins. Here, it is however emphasized that the inherent high nucleophilicity of Sec and thereby its higher chemical reaction rate with electrophiles, as compared to Cys, seems to be a truly unique property of Sec that cannot easily be mimicked by the basicity of Cys, even within the microenvironment of a protein. The chemical rate enhancement obtained with Sec can have other consequences than those arising from a low redox potential of some Cys-dependent proteins, typically aiming at maintaining redox equilibria. Another unique aspect of Sec compared to Cys seems to be its efficient potency to support one-electron transfer reactions, which, however, has not yet been unequivocally shown as a Sec-dependent step during the natural catalysis of any known selenoprotein enzyme.

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66**Introduction**

This mini review, written at the occasion of the bicentennial jubilee of Karolinska Institutet and the 60th anniversary of Experimental Cell Research, will discuss the potential unique properties that may arise from the inclusion of a selenium atom in a selenoprotein in the form of selenocysteine (Sec). This subject is clearly suitable at this particular occasion, having firm historic links to Karolinska Institutet through Berzelius (see [Box 1](#)).

The single atom of selenium in Sec as found in selenoproteins, is tremendously energy costly for organisms to synthesize, because of a number of dedicated cellular factors that redefine specific UGA codons from termination of translation to Sec insertion. This *de facto* expansion of the genetic code and the intricate pathways of selenoprotein synthesis have been described in many reviews [1–6] and will not be dealt with here. Instead, we shall focus on the potential biochemical differences between Sec and Cys that may underlie any unique aspects of utilizing Sec in proteins. What could the truly unique selenium-dependent properties of Sec be, which could help us understand the existence of selenoproteins and their special features?

Through several bioinformatic analyses, essentially all performed by Vadim Gladyshev et al., the number of described selenoproteins has rapidly expanded in recent years. This includes the 25 human and 24 mouse selenoprotein genes [7], at least 15 different types of selenoproteins encoded by completely sequenced bacterial and archeal genomes [8], more than 300 different selenoprotein genes found in samples from the Sargasso Sea [9] and more than 3600 distinct selenoprotein genes derived from 58 selenoprotein families, as globally sampled from different marine microbial organisms [10], as well as the single selenoprotein (thioredoxin reductase) that seems to be encoded in the genome of *Caenorhabditis elegans* [11]. Striking to note in these analyses of different “selenoproteomes” is the, at least at first glance, apparently sporadic occurrence of selenoproteins. Several organisms have Cys-dependent non-selenoprotein versions of the selenoproteins found in other genomes. No generally accepted reason or model has yet been formulated that could explain when or where a selenoprotein is maintained in a genome, in place of some less energetically costly Cys-dependent non-selenoprotein orthologue. It seems clear that selenoproteins most often utilize Sec as a catalyst of redox reactions, while Cys residues in proteins obviously can be used for either redox reactions or for other purposes, such as metal ion coordination, maintenance of structural disulfides or other functions [12,13]. It should also be noted that several organisms, such as higher plants, some fungal species

or certain insects, seem to completely lack selenoproteins [14]. Still, although Cys-dependent oxidoreductases are significantly more common in nature than their selenoprotein counterparts, and although selenoprotein expression appears to be rather sporadic, further in-depth evolutionary analyses strongly indicate that the exchange rate between Cys and Sec in evolution is very low [15,16]. This was interpreted not necessarily to reflect an evolutionary pressure or an advantage for selenoproteins, but rather being an illustration of the fact that there must be some qualitatively distinct functional difference between Cys and Sec in terms of properties, even if it is not yet clear what such these qualitative differences should be [15–17]. Let us therefore briefly discuss what is evident regarding the similarities, complementary roles and potential biochemical differences between Sec and Cys when acting as redox active residues in proteins.

Physicochemical properties of selenium vs. sulfur

Directly comparing the physicochemical properties of sulfur and selenium, as Berzelius immediately realized ([Box 1](#)), the two compounds are very similar. In terms of electronegativity, oxidation state, atomic radius, etc. the differences between selenium and sulfur are rather slight, but selenium could perhaps be viewed upon as a slightly “exaggerated” form of sulfur. The different chemical and physical properties of the two elements were rather recently summarized in considerable detail [17]. The combined effects of the, albeit rather slight, physicochemical differences between the two elements, i.e. selenium having a bit longer atomic radius and bond lengths than sulfur, being more polarized and having lower diatomic bond energies, determine the genuine biochemical differences between Sec and Cys as found in proteins. Let us therefore now discuss the more prominent of those differences, asking how they could translate into any unique properties of Sec that could explain the low exchangeability between Sec and Cys in evolution [15,16].

A note on pK_a and generally lower catalytic efficiencies of Cys-dependent non-selenoproteins

One of the more evident and often cited differences between Sec and Cys are their highly divergent pK_a values. With Sec having a determined $pK_a \approx 5.2$ for the selenolate while Cys has a $pK_a \approx 8.5$ for its thiolate [18], this certainly has major implications for the

B.1 **Box 1**B.2 **Berzelius—the discovery of selenium and its similarities with sulfur**

B.3 Jöns Jacob Berzelius (1779–1848) was one of the founding professors of the establishment that would later develop into
 B.4 Karolinska Institutet. He studied medicine in Uppsala, where he received his doctoral degree. After his exam and thesis he assumed
 B.5 an honorary position (“oavlönad adjunct”) in medicine and pharmacy at a surgical school in Stockholm, a position which was
 B.6 converted to a professorship in 1807. In 1810, that school was modernized and inaugurated by King Carl XIII on December 13th,
 B.7 1810, as an institute with a mission to educate surgeons, “Institut för danande av skickelige fältläkare”, which later developed into
 B.8 what we today know as Karolinska Institutet. Berzelius fought for the notion that medicine should be based upon solid ground in the
 B.9 natural sciences. At the time of the inauguration of the new school, the position held by Berzelius was renamed to a professorship in
 B.10 chemistry and pharmacy. Among many other major accomplishments holding this position, Berzelius discovered selenium.

B.11 Together with two associates, Gottlieb Gahn and H.P. Eggertz, Berzelius bought a sulfuric acid production factory in Gripsholm
 B.12 (a small Swedish village by the lake Mälaren). Unclean preparations of pyrite (an iron disulfide mineral, called “svavelkis” or
 B.13 “kattguld” in Swedish) were used as sulfur source, obtained from a mine in Falun (a city in Dalarna, some 250 km north of
 B.14 Stockholm). When the pyrite preparation was heated in lead chambers and the bottom sludge that remained from the sulfuric acid
 B.15 preparation was recovered, Berzelius felt a strong odor of black radish (“rättika”), the source of which he wished to analyze further.
 B.16 He rapidly realized that there was a substance in the preparation that was similar to tellurium, which had been discovered already in
 B.17 the 1780's and named after Tellus (Earth)—an element well known to Berzelius. He realized that he might have found a new basic
 B.18 element that was somewhat similar to tellurium. As he analyzed it further, his efforts led to the discovery of selenium. Already in his
 B.19 very first studies, he noted the close similarities between selenium and sulfur. Berzelius wrote¹:

B.20
 B.21 “Det bruna ämnet, som vid ammoniumsalternas sönderdelning afskilt sig, blef nu ett föremål för undersökningen, och befanns,
 B.22 genom de försök, som i det följande skola beskrivas, vara en egen, hittills okänd, brännbar mineral kropp, hvilken jag, för att utmärka
 B.23 dess slägtskap i egenskaper med tellurium, kallat Selenium, af Σελήνη, måna. Den ligger för öfrigt i detta hänseende midt emellan
 B.24 svafvel och tellurium, och har nesten flere af svaflets characterer än af tellurens.”

B.25
 B.26 Attempting a translation into English, his words were phrased as follows:

B.27
 B.28 “The brown substance, which the decomposition of the ammonium salts yielded, now became an object of investigation, and was
 B.29 found, through the experiments, which in the following will be described, to be a separate, hitherto unknown, combustible mineral,
 B.30 which I, to mark its akin properties with tellurium, have named Selenium, from Σελήνη, moon (goddess). What is more, it is in this
 B.31 regard, midway between sulfur and tellurium, and has almost more characters of sulfur than of tellurium.”

B.32
 B.33 Selenium, positioned just between sulfur and tellurium in the chalcogen group of the periodic system (group 16), is, in most of its
 B.34 properties, indeed highly similar to sulfur. How thrilled would Berzelius not have been, had he been able to learn that the life of many
 B.35 organisms depend upon selenoproteins, with selenium as a basic constituent, while the much more common sulfur-containing amino
 B.36 acid Cys has almost—but not exactly—the same features as the selenium-carrying Sec entity.

B.37
 B.38 ¹ Berzelius, J. J. (1818) Undersökning af en ny Mineral-kropp, funnen i de orenare sorterna af det i Falun tillverkade svaflet. *Afhandlingar i*
 B.39 *fysik, kemi och mineralogi* 6, 42–144; a scanned copy of this book is at present freely available on internet through a search in Google Books.

B.40

152 protonation state of the two amino acid side chains when present
 153 in free form in a water-based solution. At a physiological pH of 6.5–
 154 7.5, most of all Cys molecules having a $pK_a \approx 8.5$ will, naturally, at
 155 any given moment be found in their protonated and thereby rather
 156 inert forms, while Sec molecules (although not believed to exist in
 157 free form in cells) would mainly be deprotonated and thus more
 158 prone to engage in chemical reactions. Importantly, however, it
 159 must be noted that these pK_a values only relate to the free amino
 160 acids as studied in water solution. The situation can be highly
 161 distorted when Sec or Cys residues are present in the microenvi-
 162 ronment of a protein structure. An example of this is the well
 163 known case with a low pK_a of Cys32 of *E. coli* thioredoxin (and
 164 corresponding active site Cys residues of many other proteins in
 165 the thioredoxin-fold family), with its pK_a lowered by the combined
 166 effects of a number of other residues in the protein including
 167 buried such as Asp26 and Lys57 [19]. In another example involving

“Cys activation”, the activity of thioredoxin reductase from **180**
Drosophila melanogaster being a non-selenoprotein orthologue of
 a mammalian selenoprotein was found to be surprisingly high **198**
 [20]. With that enzyme having a –SCCS carboxyterminal active **199**
 site motif, instead of –GCUG (where U is Sec) as found in the **200**
 mammalian orthologue, the activity was found to be enhanced by **201**
 the two flanking Ser residues in that motif, activating the two **202**
 redox active Cys residues [21]. However, the very same –SCCS **203**
 motif was not active when introduced in place of the –GCUG motif **204**
 in the mammalian selenoprotein orthologue [22], thus showing **205**
 that additional features of the *Drosophila* enzyme are needed to **206**
 enable the flanking Ser residues to exert Cys activation. In this **207**
 particular case, those features must facilitate the oxidative half **208**
 reaction of the enzyme, since it was this step that became **209**
 exceedingly slow in the mammalian enzyme mutant variant **210**
 [22]. It was also recently emphasized, in a review of Sec-dependent **211**
212

213 and Cys-dependent glutathione peroxidases, that different pK_a values between different active site Cys or Sec residues, cannot
214 easily explain the very high peroxidase velocity seen with many
215 glutathione peroxidases [23]. Furthermore, when 16 different
216 Cys-containing model peptides were synthesized, having pK_a values
217 for their Cys residues ranging from 7.35 to 9.08, the reactivity with
218 some disulfide substrates correlated well with the hypothetical
219 Brønsted correlations between reaction rate and pK_a (based upon
220 chemical reactivity due to proton transfer propensity), while the
221 reactivity with other disulfide substrates showed no such correlation
222 at all, potentially due to charge effects and steric hindrances [24]. The
223 lessons learnt from these, and many other studies with similar
224 results, show that a lower pK_a of Sec as compared to Cys can hardly
225 be used as the sole explanation why selenoproteins are expressed in
226 nature, simply because redox active Cys residues can also obtain
227 lowered pK_a values and be “activated” in the context of active site
228 microenvironments and because pK_a values of redox active residues
229 are not the sole determinants for their reactivity.
230

231 Some inherent overall higher catalytic efficiency of Sec-depend-
232 ent redox active selenoproteins as compared to Cys-dependent
233 non-selenoprotein orthologues, are also unlikely the reasons why
234 selenoproteins are found in so many different organisms. The
235 arguments against this are several. First, if higher catalytic efficiencies
236 of selenoproteins would be necessary for an efficient metabolism of
237 some type of substrate, why are non-selenoprotein orthologues
238 apparently found in other organisms for virtually any selenoprotein
239 of choice [7–10,12,13,25]? Second, as already mentioned above, Cys-
240 dependent orthologues of selenoproteins are not necessarily much
241 less efficient in catalysis than their selenoprotein counterparts
242 [20,21,23]. One proposal has been that selenoprotein variants are
243 better peroxidases than non-selenoprotein variants, but this seems
244 unlikely considering that many enzymes with peroxidase activity,
245 or other efficient “antioxidant” reductase activity, such as peroxir-
246 edoxins, catalases, thioredoxins, glutaredoxins, methionine sulf-
247 oxide reductases, and many more, are widespread in nature in
248 the form of non-selenoprotein variants (even if also selenoprotein
249 orthologues of some of these enzymes are found as well). Third,
250 simply expressing higher levels of a Cys-dependent enzyme with
251 somewhat lower catalytic efficiency than a selenoprotein variant,
252 should likely be more energy conserving than the expression of the
253 selenoprotein, considering the total energy required for the whole
254 selenoprotein translation machineries. Fourth, since many organisms
255 lack selenoproteins completely, most (all?) metabolic pathways can
256 evidently be supported by Cys-dependent non-selenoproteins as
257 well. These arguments collectively suggest that “solely” a higher
258 catalytic efficiency of selenoproteins as compared to Cys-dependent
259 non-selenoprotein variants, can hardly be the reason why seleno-
260 proteins are found in nature. It thus seems plausible that selenopro-
261 teins should have some other feature(s) that may be unique in
262 terms of properties, in comparison to those found in Cys-dependent
263 orthologues. Let us discuss some of these potential features.

263 Higher nucleophilicity of Sec as compared to Cys

264 An interesting and perhaps truly unique aspect of selenoproteins
265 may involve the significantly higher nucleophilicity of Sec as
266 compared to Cys. Nucleophilicity (or nucleophilic reactivity), i.e.
267 the propensity to donate electrons to a foreign atomic nucleus or to
268 supply a pair of electrons to form a new bond with another atom

271 [26], is a complex chemical property. Nucleophilicity derives from
272 a combination of factors such as pK_a , polarizability, electronega-
273 tivity and atomic radius, where attempts to formulate scales of
274 nucleophilicity for diverse compounds have yet mainly been based
275 upon empirical measurements [26–31]. It was earlier found that
276 nucleophilic reactivity is guided, independently, by at least the
277 three elemental properties of Lewis basicity, polarizability, and the
278 accessibility of the unshared pairs of electrons in reactivity with
279 any substrate molecule [28], although at least up to seventeen
280 different factors have been proposed to influence the degree of
281 nucleophilicity [26]. Being similar to, but not equivalent with, the
282 properties and effects of a Lewis base, nucleophiles engage in
283 chemical reactions utilizing accessible electrons “in search of
284 nuclei”. These “nuclei”, presented by electrophilic substrates, may
285 be distinct target sites on diverse molecular substrates, including
286 the somewhat exposed nuclei of polarized covalent bonds
287 between two atoms of different electronegativity. Although the
288 physicochemical features guiding nucleophilicity are not yet
289 completely understood, it is clear that Sec (selenium) is far more
290 nucleophilic than Cys (sulfur). Comparing the chemical reactivity
291 of 2,6-Dimethoxyphenyl derivatives of either sulfur, selenium
292 or tellurium, the selenium compounds typically showed higher
293 nucleophilicity and thus reactivity compared to the sulfur com-
294 pounds (and less than those containing tellurium) [32]. When
295 thiol/disulfide exchange reactions were compared to selenol/
296 diselenide exchange with NMR spectroscopy, it was found that
297 at physiological pH, the higher nucleophilicity of selenium,
298 possibly together with its higher propensity to act as a leaving
299 group, could yield more than 10^7 times faster reaction rates than
300 with the corresponding sulfur compounds [33]. It has even been
301 suggested that the high nucleophilicity of selenium as present in
302 pyrite (see Box 1) may have played an important catalytic role in
303 the evolution of life itself, but that this high nucleophilicity would
304 be too deleterious due to “exhaustive hydrogenation” and that the
305 occurrence of Sec would serve to control the reactive selenium in
306 an organic sense, while selenomethionine could protect life forms
307 from this reactivity as a detoxification mechanism [34].

308 Nucleophilicity is mainly considered to guide *initial rates* in
309 chemical reactions, while basicity with Lewis or Brønsted bases
310 mainly directs the *extent of thermodynamic equilibria* and thus the
311 final proportion of reduced or oxidized end products at equilib-
312 rium, although the two concepts are, in most cases, closely related
313 [30]. Since Sec is significantly more nucleophilic than Cys, while
314 Cys is more basic than Sec, this difference might imply that
315 selenoproteins, involving the highly nucleophilic Sec residue,
316 could have a greater impact in facilitating initial reactions with
317 high rates in redox chemistry under non-equilibrium states. This
318 would hold true if some steps of a selenoprotein-catalyzed
319 reaction involved nucleophilic substitution reactions or some
320 other reaction that makes use of a high nucleophilicity. Non-
321 selenoproteins, on the other hand, that would have redox activity
322 (thereby depending upon Cys as a weaker nucleophile but stron-
323 ger base than Sec) would suffice as well (or perhaps even be
324 better than selenoproteins) in maintaining redox equilibria, or
325 at least in striving towards this end. This potential functional
326 difference in qualitative terms between selenoproteins and Cys-
327 dependent non-selenoprotein orthologues, i.e. either rapidly
328 facilitating initial high rates in catalysis and thus reacting with
329 electrophiles (selenoproteins) as compared to striving to maintain
330 redox equilibria (Cys-dependent non-selenoproteins) is at this

331 stage purely theoretical as well as hypothetical, although the
332 notion has some solid base in the findings cited herein. However,
333 although this theory is hypothetical, as of today, it should possibly
334 be testable. Metabolic redox networks set up to depend upon
335 either selenoproteins or non-selenoprotein Cys-dependent ortho-
336 logue enzymes could perhaps be possible to assess experimentally
337 regarding their speed of recovery from perturbations (dependent
338 upon initial rates and thereby potentially better with selenopro-
339 teins), sturdiness in redox equilibria (thus potentially better with
340 Cys-dependent non-selenoproteins) or their dependence upon
341 parameters such as temperature or concentrations (that according
342 to this theoretic framework might affect selenoproteins less than
343 non-selenoproteins). Tracing these types of effects it would
344 perhaps be possible to use radiolabeled redox active substrates
345 or probes with pulse-chase measurements, or some other faster
346 “snap shot” techniques visualizing redox states. Future studies
347 may show whether the notion of a qualitative difference in the role
348 of selenoproteins vs. non-selenoproteins can be validated and
349 whether this would have any useful implications.

350 A direct consequence of the higher nucleophilicity of Sec as
351 compared to Cys is the extraordinarily efficient targeting of Sec by
352 electrophiles. Already in one of the classic studies determining the
353 pK_a values of Sec and Cys, it was noted that Sec reacts with
354 electrophilic compounds such as chloroacetic acid or chloroaceta-
355 mide more rapidly than Cys, and even more so with iodoacetic acid
356 or iodoacetamide. Extraordinarily, these electrophiles derivatized
357 Sec highly efficiently at very acidic pH, corresponding to an
358 apparent pK_a of around 2, although Sec based upon the regular
359 acid–base titration would then have been presumed to be
360 protonated and less reactive [18]. The conclusion by the authors
361 was that Sec apparently may react in a haloderivative-specific
362 manner with electrophiles also in its protonated form, due to its
363 high inherent nucleophilicity [18]. This propensity of Sec to
364 efficiently be derivatized by electrophilic compounds may have
365 significant biological relevance. This property is certainly reflected
366 by the fact that mammalian thioredoxin reductase, with a highly
367 accessible Sec residue in the reduced enzyme [35], is easily
368 targeted by a large number of electrophiles—many of them used as
369 anticancer agents [36]. This targeting should clearly be dependent
370 upon the nature of Sec and not only upon the fact that the
371 thioredoxin reductase active site is simply easily accessible. This
372 was demonstrated by the fact that the corresponding enzyme from
373 *D. melanogaster* was not easily derivatized by auranofin, an
374 electrophilic gold compound, but when the redox active dithiol
375 motif at the C-terminus was changed into a Sec-dependent motif,
376 the enzyme indeed became easily inactivated by auranofin thereby
377 presumably reacting rapidly with the nucleophilic Sec residue [21].
378 The same type of effect was seen when a Sec-containing *Sel-tag*,
379 used as a handle for labeling of proteins with electrophilic probes,
380 was compared to different Cys-containing counterparts; only the
381 Sec variants were rapidly derivatized due to the inherent high
382 nucleophilicity of Sec [37,38]. It is thus possible that the biological
383 relevance of some of the selenoproteins found in nature
384 specifically utilize the nucleophilicity of Sec, either for reactions
385 with naturally occurring electrophiles, perhaps in some pathways
386 of “redox signaling”, or during the formation of catalytic
387 intermediates using nucleophilic substitution reactions, where
388 Cys-containing orthologues would not be able to efficiently mimic
389 such properties even if having lowered pK_a values. However, it
390 should also be noted that all types of enzymatic catalysis are

complex events and for thioredoxin reductases, specifically, it has
also been proposed that some of its catalyzed reactions may be
Sec-involving reactions while others may be non-Sec involving,
and that the properties of substrate/product leaving groups would
also be of major importance [39,40]. Nonetheless, it may still hold
true that the significantly higher nucleophilicity of Sec as
compared to Cys could be a major feature telling selenoproteins
apart from their non-selenoprotein orthologues, both when it
comes to the mechanistic features of their catalytic cycles and their
biological roles.

Redox potential in relation to nucleophilicity

The redox potential of a redox active protein determines its
capacity to propel reducing reactions in relation to catalyzing the
reverse oxidizing reactions, with a lower (more negative) redox
potential resulting in more reduced over oxidized products at
equilibrium state. With all members of the thioredoxin-fold
superfamily of proteins that share a redox active –CXXC– motif,
these still display highly varying redox potentials, ranging from
–270 mV for the strongly reducing *E. coli* thioredoxin to –124 mV
for oxidizing DsbA [41]. This vividly displays how purely Cys-
dependent redox active proteins may still obtain highly divergent
redox potentials. Their redox potential will depend both upon the
actual pK_a values of their active site Cys residue(s), guided by the
active site microenvironment (see discussion above), as well as
other features of both the active site itself and the overall ther-
modynamic features of the protein. Changing the Cys residue(s)
in the active site of a Cys-dependent thioredoxin-fold protein to
Sec can yield highly interesting effects on the redox potential.
Although it is technically difficult to achieve this type of study, it
has been done for recombinant *E. coli* thioredoxin using selenium
incorporation through the Cys anabolic pathways using a Cys
auxotrophic host strain [42], as well as using synthesis of Sec-
substituted glutaredoxins of *E. coli* by chemical means [43,44].
When comparing the Cys-to-Sec-substituted variants of these
proteins, it was found that the redox potential had been lowered
compared to the native Cys-containing proteins [42,43] and that
dithiol/disulfide exchange activities were indeed increased
[43,44]. The question was whether the catalytic activities were
increased because of the lowered redox potential as such (and why
this became lowered), or whether other features of these selenium
substituted proteins were more important. The studies of Cys-to-
Sec-substituted variants of glutaredoxin 3 from *E. coli* indeed
strongly suggested that the most important feature explaining the
increased activity of these proteins was the higher nucleophilicity
of Sec as compared to Cys, rather than Sec being more active as a
central atom or as leaving group during the catalysis. This was
reflected by highly increased rate constants in the “reverse”
reaction (i.e. reducing the active site disulfide of thioredoxin)
compared to the forward reaction (being reduced by thioredoxin),
with the authors commenting their study as follows: “Significant-
ly, the effects of Sec on the reaction kinetics suggest that the
difference in nucleophilicity between selenolate and thiolate
groups could provide the bulk of the rate enhancement observed
in many selenoenzymes.” [43]. Thus, while selenoproteins
may gain lower redox potentials than their Cys-containing non-
selenoprotein counterparts, their generally higher reactivity and
increased *initial rates* (rather than the lowered redox potentials

as such) may likely be explained by, or at least certainly involving, the higher nucleophilicity of Sec compared to Cys.

It is a well known fact that selenoproteins changed into Sec-to-Cys substituted variants typically lose activity, which was elsewhere reviewed in more detail [45]. It is hard to draw strong conclusions from this fact, since Cys-dependent non-selenoproteins may have “activated” Cys residues yielding a higher turnover (see above), while selenoproteins may not necessarily involve such activation mechanisms and thereby the activity will be lost when the Sec residue is exchanged for Cys. However, some interesting observations can still be made, such as noting a complete loss of peroxidase activity but “only” a 100-fold loss in disulfide reductase activity in a Sec-to-Cys substituted thioredoxin reductase [46]. In studies of Sec-to-Cys substituted formate dehydrogenase H of *E. coli*, the maximal turnover of the mutant enzyme became significantly diminished (about 300-fold), mainly due to the rate of formate oxidation in the catalytic cycle being lowered by about three orders of magnitude [47]. Although the exact role of Sec in formate dehydrogenase catalysis is yet unclear, with the selenium atom coordinating a molybdenum atom, the crystal structure of the enzyme has suggested the involvement of Sec in a proton transfer reaction [48]. Another structure of a [NiFeSe] hydrogenase also suggested Sec involvement in proton transfer reactions, in this case coupled with heterolytic cleavage of hydrogen [49]. Since Sec is typically worse as a base than Cys, it is not evident how Sec would facilitate proton transfer reactions unless the *release* of the proton from Sec would be the most important aspect in this role. Interestingly, however, the type of proton transfer reaction in hydrogenases may potentially also be favored by the higher nucleophilicity of selenium as compared to sulfur, at least when the reaction is considered as a nucleophilic addition reaction thus explaining why Sec-substituted Cys-dependent hydrogenases may gain increased activities [50].

483 One- vs. two-electron transfer reactions

Although Sec-involving redox couples typically have much lower (more reducing) redox potential than their Cys-involving counterparts and selenium is more nucleophilic than sulfur, additional qualitative differences can also exist in reactions catalyzed by Sec compared to Cys. This includes the capacity of Sec to catalyze one-electron reactions, as well as two-electron reactions, much more efficiently than Cys [51,52]. Although radical-based (or one-electron transfer) chemistry has not yet been proposed to form a firm basis of any natural selenoprotein reaction mechanism, some one-electron transfer reactions can be catalyzed by the mammalian selenoprotein thioredoxin reductase. This includes one-electron reduction of ascorbyl radicals [53], juglone and other quinones [54], some nitroaromatic compounds [55] and a redox cycling with dinitrohalobenzenes producing superoxide [56]. However, in all of these cases it is not yet clear if the Sec residue of the enzyme participated in one-electron transfer reactions, or whether the FAD moiety of the enzyme was solely catalyzing these reactions *via* flavin semiquinone formation. However, future studies may possibly reveal whether the Sec residue of any selenoprotein indeed could be involved in catalyzing one-electron transfers during any physiological processes; in terms of chemistry this amino acid is at least prone to this effect.

Conclusions

The enigmas of selenoproteins are many, including their unique pathways of synthesis, their roles in nature, their catalytic properties and their curious appearance and expression patterns throughout evolution. Is there really anything truly unique in terms of the properties arising from that single selenium atom, as found in a selenoprotein, as compared to the sulfur of its non-selenoprotein Cys orthologue? It would seem so, but what is it? Herein we have focused upon the extraordinarily high nucleophilicity of Sec as one potential unique feature found in selenoproteins and, potentially, also the facile catalysis of one-electron transfer reactions by Sec. Future studies are needed to ascertain the biological importance of these features. The selenium and selenoprotein research field, initiated by Berzelius about 200 years ago, has evidently only just begun.

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